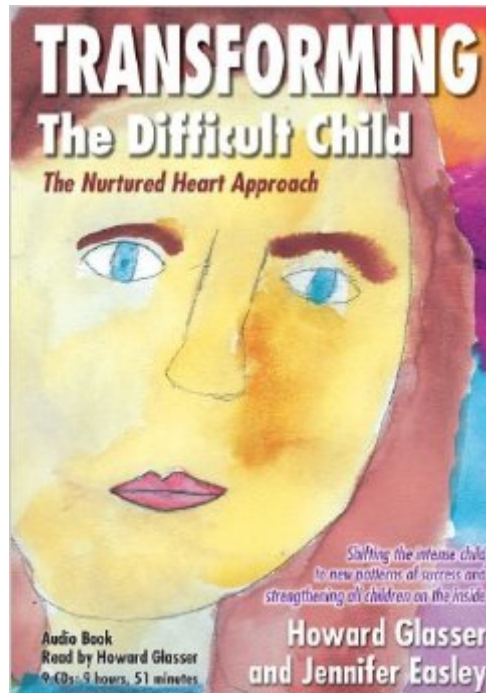


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# Transforming The Difficult Child - The Nurtured Heart Approach - Audio Book



## Synopsis

Transforming the Difficult Child brings to life a new way of shifting intense children to a solid life of success. The Nurtured Heart Approach puts a refreshing spin on both parenting and teaching and reveals new techniques and strategies that create thoroughly positive behaviors. This is Howard Glasser's 2012 reading of the updated 2008 revision of his bestselling book on difficult children. The Nurtured Heart Approach gives parents, therapists and teachers an absolutely clear understanding of how challenging children respond to normal ways of parenting and teaching and why these traditional methods actually make the situation worse. It also provides a powerful set of strategies designed specifically to turn the challenging child around to a new pattern of success. Using this approach, it is easy to shift the difficult child to being a cooperative child who uses his or her intensity in entirely positive and creative ways.

## Book Information

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Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (193 customer reviews)

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## Customer Reviews

My son was diagnosed ADHD (severe -- and I mean SEVERE), bipolar, and ODD (oppositional defiant disorder) nearly four years ago; shortly after he turned 7. Those first three years were pure hell. Between behaviors, education issues, medication issues, and regular everyday "boy stuff" -- I was losing hope. In my research on these different disorders -- particularly ODD as it was the one I was least familiar with -- I came across rather frightening info -- particularly that ODD that isn't stopped becomes CD (conduct disorder), which basically guarantees a life in prison or as a social outcast of some other sort for the person in question. That's incredibly frightening for a parent to learn. Not only was my son diagnosed with something that was not very treatable, but if it didn't respond to treatment he was in for a lifetime of hell. I also read that the only thing PROVEN to be

effective against persistent ODD is in-home intensive therapy. Well, we did in-home counseling and it didn't do much (more or less parent training, and it wasn't new information at all). I did get wrap-around services for my son, which includes an in-home mental health aid 4 days a week (now it's three, soon to be two). THIS is what worked: The groundwork I lay as far as behavior management and a positive discipline plan is contained wholly in this book. "The Nurtured Heart Approach" is the *\*only\** approach that I felt good about, was easy to apply, was easy to stick with, and - most importantly - *\*WORKED\**. This behavior plan, which includes a great point system at the end of the book-- was applied religiously and with total disregard for any protestations from my son (and daughter -- she's not got all his diagnoses, but it's a darned good plan and applies to an easy kid, too).

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